

Parent Meeting Notes

Stroke Judge Clinic – Tonight (Wednesday, May 30) from 7:00-8:00ish at Peacehaven Pool, 420 Hearthside Dr, Winston Salem, 27104. Anyone wishing to be a Stroke Judge this year must attend a clinic. I will also be doing mock judging during practice for anyone interested in getting some practice in before the meets start on the 12th.

Practices – Evening Practices will continue every day through the end of the Forsyth County school year. Morning practices will begin June 8th and will be offered every day. There will only be evening practices on Wednesdays and Thursdays after June 7th. There will be no morning or evening practice on Wednesday July 4th. The full seasonal calendar is available at www.jonestownpool.com under Swim Team.

Volunteers – I've always said it takes a small village to run a swim team. We are asking that each family sign up for at least 3 volunteer slots for the season. There will be a sign up sheet in the hall way or you can volunteer online through Volunteer Spot – I will be e-mailing everyone the link soon so be on the look out!

Meet Absences – *If your swimmer is going to be absent from a meet*, PLEASE sign up on the sheet in the hallway as soon as you know. It is much easier on the coaches when they make the meet lineup if they know a swimmer will be absent ahead of time. If your swimmer is sick the day of the meet or will not be able to make it, please let the coach know ASAP so changes can be made. What your child swims can sometimes affect what other kids swim, especially on relays.

Concession Donation – We are asking everyone to donate one concession item or after-meet donuts for the season. If you have not already signed up for something, the sheet is posted in the hallway or I will send an online sign up through Volunteer Spot – I will be e-mailing everyone the link so be on the look out!

Dash Game – Mary has the tickets for the Dash Game this Sunday. If you ordered from her, please see her at practice this week to pick them up. She has a few extra if anyone would still like to go.

Pasta Dinner – Pot Luck Kick Off to the season - Monday June 11th, 5:30. Please be on the lookout in the pool hallway for the signup sheet that will be posted toward the end of this week.

Stroke Clinic with TYDE – TYDE coach and pool member John Ravestein will be on deck Tuesday June 12th from 9:00-11:00 to do a stroke clinic for our swimmers during their normal practice time. He will bring underwater cameras to help instruction.

City Meet – This is a very fun professional county-wide meet that is held at Bolton Pool on Friday, June 22nd. The meet for the 10&Unders starts at 10:15 with warm-ups at 9:30. The 11&Olders will warm-up at 2:00 and their meet will start at 3:00. There is a fee associated with this meet - \$5/swimmer plus \$2.75 for each event they compete in. If you are interested in joining the Jonestown Team for this meet or need more information, please see Kristi at practice. Information is also posted on www.jonestownpool.com.

SEASONAL MEET INFO –

- **NEW FOR 2012** – There will be no diving in 3 feet of water or less. All starts will be on the 4 feet side of the pool. Timers will have to change ends for the older kids' swims. Relay starts on the 3 foot side of the pool will start in the water.
- All Meets will start at 5:30, warm-ups will be at 5:00. Please be on the pool deck ready to swim by 4:55
- A dry erase board will be hanging on the fence near the start end of the pool with the EVENT NUMBER that is lining up. Please watch this board and when your child's Event Number is posted, please send them to the starting end of the pool. Someone will be there to line them up in the right order. If your child is not lined up in time, they will miss their race. We will not go and find your child when it is time for them to swim.
- **Heat Sheets** will be posted on the Pool Website as soon as they are available on meet days. I will also send out an e-mail as soon as I post it to let you know. You will be responsible for printing your own heat sheet and bringing it with you to the meet. Entries will be posted at the pool but there will not be extra copies of the heat sheet.
- **Finals** – The 3 fastest swimmers from each event will qualify to swim at WSASC Championships, aka "Finals". Each swimmer can only swim 3 events in finals so if a swimmer holds a top position in more than 3 events, then the event that swimmer opts out of will include the next fastest swimmer. You will be notified the week before finals if you qualify. The Finals meet will be July 20th/July 21st at New Sherwood Pool. **You must compete in at least 2 dual meets during the season to qualify for Finals**
- **End of Year Banquet** – This is for **all** swimmers and includes dinner, a slide show of the season, and awards. Banquet will be July 21st. Time -TBD

If you ever have any questions please don't hesitate to contact your Swim Team Reps

Kristi Vlahos – kvheels@aol.com (336)830-5483

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Swim Hard, Swim Fast GO SHARKS!!